

Cross and Swing

Dancers cross the set (passing by the “stick” (right) shoulder) and continue well past their partner on beats 1-4. On beats 5-6, the dancers turn over their “stick” (right) shoulder and switch the stick to the left hand. On beats 7-8, the dancers charge in toward their partner, right arm extended, catching the partner by the waist (from the front). On beats 9-14, the dancers go around their partners, continuing to hold their partner by the waist. On beats 15-16, the dancers break apart and end up in their original positions.

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